

	Year	EYFS / 1	2	3	4	5	6
Autumn 1	Focus	Indoor Athletics Handball Games	Indoor Athletics Handball Games	Cross Country Indoor Athletics	Cross Country Indoor Athletics	Cross Country Tag Rugby Indoor Athletics	Cross Country Tag Rugby Indoor Athletics
Autumn 2	Focus	Handball Games Gymnastics M&A	Handball Games Gymnastics M&A	Indoor Athletics Gymnastics M&A	Indoor Athletics Gymnastics M&A	Indoor Athletics Gymnastics M&A	Indoor Athletics Gymnastics M&A
Spring 1	Focus	Racket Games Gymnastics	Racket Games Gymnastics	Basketball / Netball	Basketball / Netball	Basketball / Netball	Basketball / Netball
Spring 2	Focus	Volleyball Tag Games	Volleyball Tag Games	Racket Games Hockey	Volleyball / Cricket	Volleyball / Hockey	Volleyball / Hockey
Summer 1	Focus	Intro - Strike and Field Cricket, Rounders and Softball	Strike and Field Cricket, Rounders and Softball	Strike and Field Cricket, Rounders and Softball	Hockey Strike and Field Games	Cricket Rounders Athletics	Cricket Rounders Athletics
Summer 2	Focus	Athletics Sports Day Prep	Athletics Sports Day Prep	Cricket / Rounders / Softball	Cricket / Rounders / Softball	Strike and Field Games International Games	Strike and Field Games International Games

8
Weeks

7
Weeks

7
Weeks

6
Weeks

4
Weeks

7
Weeks